

# Public Health Guidelines

## Kentfield School District Community Health Pledge

In order to foster the safety of our students, staff, and parents in our school community, I pledge to:

- Conduct daily home symptom screening of my child / children.
- Abstain from pre-medicating my child / children with symptomatic relief medications unless for known chronic conditions; e.g., seasonal allergies; sinusitis.
- Keep my children home when they are sick *or* if a household member exhibits key symptoms of COVID-19 (cough • shortness of breath / difficulty breathing • loss of taste or smell).
  - Schedule COVID-19 testing and/or visit with a healthcare provider if my child / children have (1) any of the key symptoms of COVID-19 (cough • shortness of breath / difficulty breathing • loss of taste or smell) or (2) two or more of the following symptoms (fever [100.4°F/38°C or greater] or chills • sore throat • headache • nausea or vomiting • diarrhea • fatigue • congestion / runny nose) [Effective November 9, 2020].
  - If your child / children has any *one* of the following symptoms (fever [100.4°F/38°C or greater] or chills • sore throat • headache • nausea or vomiting • diarrhea • fatigue • congestion / runny nose), they may return to school after their symptoms have improved and they are fever-free for 24 hours without the use of fever-reducing medications. COVID-19 testing and/or healthcare provider evaluation are *not* necessary unless required by a school nurse who suspects COVID-19 [Effective November 9, 2020].
  - \*Students / staff who present with these symptoms but have tested positive for COVID-19 in the past 3 months, should not have repeat COVID-19 testing. They should be evaluated by a healthcare provider.
- Notify the school immediately if:
  - My child / children or a household member has a known COVID-19 exposure.
  - My child / children or a household member is being tested for COVID-19.
- Follow Marin County Public Health's [isolate / quarantine](#) orders, if indicated.
- Limit my family's travel and social activity to reduce possible exposure to COVID-19.
- Limit my child's / children's participation to three (3) cohorts [Effective November 9, 2020].
- Abstain from [gathering](#) with more than 3 households [Effective November 9, 2020]. Per Public Health Guidelines
- Read and agree to follow the School Site Specific Protection Plan (SSSPP), this COVID-19 Safety Student and Family Handbook, and other policies that my school may adopt throughout the school year, and I agree to use my best efforts to have my child(ren) comply with the policies. I understand that the plans and policies may be updated throughout the year as public health information develops, and I agree to review and comply with updates.

As a student of KSD, I pledge:

- To regularly wash and/or sanitize my hands each day to kill germs and save lives
- To wear my face covering where required at all times, or when asked by an adult
- To sneeze and cough into my elbow or sleeve
- To keep six (6) feet physical distancing from peers, teachers, staff and others
- To not share snacks, food, or beverages
- To tell a teacher or staff member if I am worried about a safety issue
- To stay home if I am not feeling well
- To tell a teacher or staff member if I begin feeling sick at school

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Parent / Guardian Name	Parent / Guardian Signature	Student Signature	Date
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